

CYD SESSION 2

CLASSROOM NEWSLETTER

FUN DURING QUARANTINE

HEY KIDS I KNOW IT'S A LITTLE BORING OUT THERE ! HERE A BOOK THAT WILL MAKE YOU LAUGH NOW. WE ALL KNOW IT'S A PANDEMIC GOING ON HERE ARE SOME FUNNY THINGS WE COULD DO AS A CHILD LET'S MAKE SOME JOKE FOR THE FAMILY AND PLAY CARDS. THEN, MOM ASK ME WHERE DID YOU THINK OF ALL THIS GREAT STUFF, I SAID "MOM WE DID HAVE ANYTHING ELSE TO DO BUT PLAY ARE GAMES AND WE WANT TO HAVE FUN SO WE GOT SOME BLANKETS AND SLIDE DOWN THE STEPS"! - **ZIONNA CLAYTON**



IMPORTANCE OF ARTS WITH CHILDREN

I have a niece and we do a lot of projects for her class and I just want people to know that doing arts and crafts with a child is the gateway for understanding them better. I think it helps because most kids use art as a coping skill some people use it in therapy and also use it to describe how they feel. - **Chartrese Taylor**

ARTS & CRAFTS

Trace your child's hand onto the red and blue paper. Cut them both out.
Trace Elmo's nose onto the orange card stock and cut out.
Trace Elmo's mouth onto the black card stock and cut out.
Use the .5" circle punch or scissors to cut out 2 eyes from the black card stock.



Arrange the red handprint with the fingers pointing down. Assemble Elmo by gluing the white eyes from the template onto the top of the handprint. Glue the 2 black circles onto the middle of the white eyes from the template. Glue the orange nose onto the bottom of the eyes, with about 1/3 of the nose overlapping the eyes.

Secure the black smile beneath the nose with glue. Trace Cookie Monster's mouth onto the black card stock and cut out. Use the .5" circle punch or scissors to cut out 2 eyes from the black card stock. Assemble Cookie Monster's eyes by gluing one black circle to the top left part of the white eye. Glue the other black circle to the bottom right part of the white eye. This will give Cookie his signature silly look.

Arrange the blue handprint with the fingers pointing down. Glue the completed eyes to the top of the handprint. Attach the smile with glue just beneath Cookie's eyes.

Then you done:) - **Arronda Lizzimore**

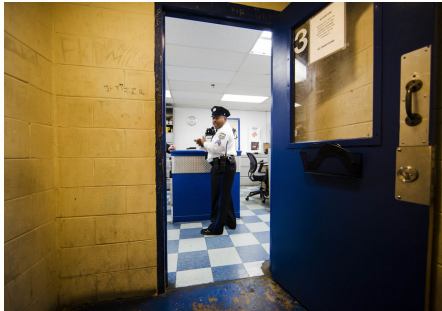
CYD NEWSLETTER

NUTRITION



This topic is personal to me because I am what you consider a health nut, I want others to know that vegetables and alkaline super foods could really change their lives for the better, I have a recipe it's for an green salad. I hope you guys have out a pen ? So first you'll get your spring mix than you'll cut up some tomatoes which is a good source of antioxidants, some cucumbers, which is good for hydration and more, cut up some mangoes which is packed with nutrients! And then you wanna grab a ripe Avocado, I know they aren't the best but it's good fat and this way is tasty! Anyhoo, open up the ripe Avocado and put it into the blender adding cayenne pepper which is good for the immune system, ginger good for mucus and so much more, some black pepper, some sea salt, and a little tiny bit of water;(also you can add red onions if you want it helps with flavor and red onions also are good for the immune system). Now it's time to add your seeds. Which is good for iron, weight gain, and fiber. You wanna sprinkle some Chia seeds, some flax seed and some sesame seeds on top of the blended dressing and WALA! You're all done enjoy :). Note: it's always good to eat something healthy around 12pm-3pm because that's when your body takes in the most nutrients. - [Ryn Gore](#)

JUVENILE JUSTICE



I don't know much about the actual laws and rights youth have once they are in the juvenile system, But I have someone close to me who has been in the system. I want people to know that youth development is tied to this and the juvenile system is very sad and hectic depending on the circumstances of why someone is there. I want people to know more about this including myself because our youth make us. - [Amirah Brown](#)

MENTORING YOUTH



It is very important to me because I do live in this generation and would like to talk more on our adolescence in my generation. I do have a few discussions of topics to talk about dealing with mentoring the older youth, but I would like to share one. One topic discussion I would like to talk on is, dysfunctional family. Dysfunctional family is a family in which conflict, misbehaved and also child neglect of any type of abuse on the part of individual parents. First and foremost there are different characteristics of an Dysfunctional family and that is, lack of communication, mental issues, lacking empathy, stress, and lack of independence and privacy. for an example there may be one individual parent with stress, and that stress from the one individual parent can lead to lack communication, all of this can affect a older youth mentally. There are three types of families for one there are, single parent families, families headed by two unmarried parent's, more family members from generation, and adoptive families. these types of family's are which cause a dysfunctional family. - [Jaquana Moses](#)

What i know about mentoring older youth is your someone they are looking up to for answers and help with schooling. What i want others to know about my topic is that a mentor can help u with life situations and help u find a job, and school. it will help with my community by trying to help the older youth and pointing them to the right direction. - [Valencia Diaz](#)

SOCIAL EMOTIONAL LEARNING



I WANNA LEARN MORE ABOUT CHILDREN AND SOCIAL EMOTIONAL LEARNING SO I WENT TO PATHWAYS.ORG AND I READ WHEN DOES SOCIAL AND EMOTIONAL DEVELOPMENT BEGIN? BABIES START LEARNING THESE SKILLS FROM BIRTH! AS SOON AS THEY BEGIN INTERACTING WITH THE PEOPLE WHO CARE FOR THEM, THEY BEGIN TO UNDERSTAND AND RECOGNIZE THOUGHTS AND FEELINGS. I HAVE A DAUGHTER SO READING THIS WASN'T A SHOCK I THINK I WANNA GET MORE INTO EXPLAINING THEIR DEVELOPMENT LEARN HOW TO TALK TO THEM AND READ YOUNGER CHILDREN . A LOT OF PEOPLE DO A LOT OF THINGS IN FRONT OF THEIR YOUNGER KIDS BECAUSE THEY FEEL AS THOUGH THEY DON'T KNOW WHAT'S GOING ON BUT THIS ARTICLE SHOW'S THEY KNOW WHAT'S GOING ON AT BIRTH. - [IESHA FIELDS](#)

CYD NEWSLETTER

Parenting Corner

Cierra D.:

"This topic means a lot to mean because being a parent isn't just something you read about its a life you have to learn especially being a single parent it not that easy or is it hard but at the same time you have grow and write your own book with your child. Being a parent isn't a class its a life taught that the advice i would share with my friends."

Najayah:

"I know that people don't take into consideration how others might feel or what might happen in the future if certain things take place at a point in time and how it will effect their kids in the long run. I want parents to learn how to say things without being so harsh and critical because that can make kids insecure. I want parents to know it's ok to take criticism from their kids without it being seen as disrespect. It could decrease depression because kids won't feel so stressed to be seen as perfect to be labeled a good child and they will be able to develop their own lifestyle and as long as you show them the right things they will go down the right path."

Maionne:

"I would like for everybody to be aware of this topic because Everybody will be a parent one day and i would like to know how to be a better parent and do things different such as learning development, discipline & life skills. Also how to be loved. If people know the knowledge of being a parent we would have less broken children."

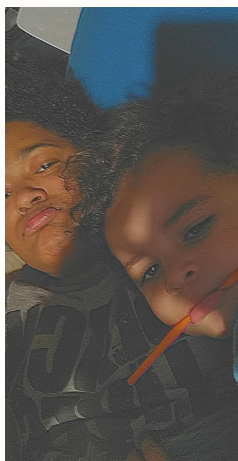
Zionna:

"Parenting is not easy at all - it come with a lot of responsibility like taking care of a baby is not easy. You have to make sure they have clothes food home to come and you have to make sure they have some were to wash up but it's a lot to parenting."

Ilesha & Skyler trying
out some new filters.



Valencia & Rosie,
relaxing



Mai's baby, Milan, getting
ready to go outside!



Jaquana & son, Javone,
matching in purple!